



# Oak Bay Orcas 15<sup>th</sup> Invitational Swim Meet

**Saturday June 11<sup>th</sup> & Sunday June 12<sup>th</sup>, 2022**  
Saanich Commonwealth Pool, 4636 Elk Lake Dr., Saanich, BC

**Come test your skills in the fastest pool in Western Canada.**

**Course:** 25 metre, 8 lanes, starting blocks, Omega Quantum Timing System, stopwatch backup. Timed Finals Meet. This will not be a carded meet. Divisions 1 – 3 and OCAT 1 will be marshalled. All other divisions are self-marshalling. All relays will be marshalled.

**Rules:** British Columbia Summer Swim Association (BCSSA) rules apply. Statements made in this meet package shall not override any BCSSA or VI Region rule or policy.

**Entries:** Club entries must be received before 12:00 pm Wednesday June 8, 2022. Please e-mail Hy-Tek entries to the Clerk of the Course at [clerkofcourse@oakbayorcas.ca](mailto:clerkofcourse@oakbayorcas.ca) and include club roster list for deck entries.

**Meet Manager:** Patrick Weir                      meet@oakbayorcas.ca

**Meet Organizer:** Sarah Bonner                      meet@oakbayorcas.ca

**Meet Referee:** Bruce Moore

## **Saanich Commonwealth Pool Permit of Use:**

This meet is the first full meet held at Saanich Commonwealth Place (SCP) since the start of COVID-19. While we are extremely fortunate to have our meet held at SCP, we are required to follow practices and procedures that will be different from those of previous meets held at SCP. **Consequently, please read this document extremely carefully.**

### **NEW: Registered Swimmer Capacity:**

Because of its specific health and safety requirements, SCP is limiting the meet to a maximum of 300 registered swimmers for the entire two-day meet. The number of swimmers that each club will be permitted to register will be determined based upon the number of swimmers each club had registered as of May 1, 2022 as a percentage of swimmers registered in the entire region. Each club will be notified by Thursday June 2, 2022 as to how many swimmers may be registered.

### **Entries:**

- Due to the cap on the number of registered swimmers, the “Novice” events scheduled on Sunday are offered to **only** those swimmers who are registered to swim in one or more 50 metre events. **Swimmers wishing to swim in a “Novice” event must be registered in the meet file.** A swimmer is to be entered as a “Novice” in a particular event only if they are unable to swim a 25 metre stroke in less than 30 seconds and are still developing stroke specific skills. Once a swimmer has swum a 50 metre event (including relays) at a BCSSA swim meet, they are no longer considered novices in that stroke, regardless of time achieved, so please be careful when forming relay teams. Times swum in Novice events will not be posted. Swimmers in Novice events are to show up in the marshalling section of the on deck bleachers.
- All swimmers must be registered with the Vancouver Island Region of the BCSSA.
- Early entries are absolutely appreciated!
- Please email [clerkofcourse@oakbayorcas.ca](mailto:clerkofcourse@oakbayorcas.ca) to let us know if your club will not be attending.
- No late entries will be accepted.
- Swimmers must be entered with an official BCSSA time.
- New swimmers who have never swum or achieved a valid time in a specific stroke must be entered with a “NT”.
- Returning swimmers who have a valid time for their events must be entered with these into the appropriate division. However, if they have not swum a particular event before (e.g., Division 3 50 back, now in Division 4 swimming 100 back), must be entered with a “NT”.
- Swimmers (Divisions 1 – 8) may enter a maximum of 7 individual events, plus 2 relays. Each swimmer can therefore swim a maximum of 9 events over the 2 days.

- Please enter 'O' swimmers into their respective 'O' event, AND their respective 'S' event, as described in "How to enter O swimmers" available on the region website. 'O' events will have no cost in the meet so that the 'O' swimmers are not charged double. **Due to changes in the Registered Swimmer Capacity at Saanich Commonwealth Pool, "O Cat" entries for swimmers ONLY registered in "O Cat" events will not be accepted.**

#### **Fees:**

- \$45.00 flat fee per swimmer, irrespective of number of days swum (\$40.00 registration fee and \$5.00 Saanich Commonwealth Pool High Performance fee).
- \$10.00 per relay.
- \$12.00 per individual swimmer deck entry in each race, in addition to the \$45.00 flat fee. Deck entries will be added to club bills. The high cost of deck entries is to discourage deck entries where at all possible, due to the need to finish the meet on time.
- No refunds for missed or scratched events.
- Meet fees, payable to Oak Bay Orcas, must be handed in to the Clerk of the Course before the end of the meet on Sunday.

#### **Officials:**

- All officials from all clubs are needed on deck to help run our meet. All recent attendees at the Region One Stroke and Turn clinic are especially encouraged to participate and should attend the Officials Meetings as described below. Thank you for your support!

#### **Deck Entries & Scratches:**

- All deck entries and scratches must be submitted to the Clerk of the Course by 12:10 pm on Saturday and 8:10 am on Sunday. These deadlines are strict and will be enforced.
- Deck entries will be allowed at the discretion of the Clerk of the Course on the day of the meet. Athlete BCSSA # and birthdate must be provided if you do not send a club roster with your entries. Deck entry swimmers will NOT be seeded and will be fit in to events where available, if accepted by the Clerk of the Course.

#### **Relays:**

- Relay teams will be seeded in their appropriate Division regardless of the number of "O" swimmers on the team. If more than one "O" swimmer is on a relay team, that relay will be treated as an "O" Cat relay in the final results. Relay entry cards must be handed in to the Clerk of the Course by 2:00 pm Saturday and 10:00 am Sunday. All relay teams must have 4 swimmers.

### **Heat Sheets & Results:**

- Heat Sheets will be emailed to club Presidents, for distribution to their members and coaches, and available on-line on the Orcas Website.
- Events will also be updated to the Meet Mobile App.
- Results will be posted, as they become available, on the wall above the bleachers on the north side of the facility.
- All Hy-Tek results will be sent by email and posted to the VI Region & BCSSA websites.
- Ribbons should be available at the end of the meet. Your Coach or Team representative may pick these up in the Ribbon Room (to the right of the on-deck booth). Please let the Meet Manager know if this is not possible.

### **Marshalling:**

- Swimmers will report to marshalling on the pool deck when their event number is posted. Divisions 1 - 3 will be marshalled; all others must check in for their event at the marshalling table but then are responsible to be behind the blocks in time for their races.
- There will be full marshalling for all divisions for relays.
- Please be advised that announcements made over the public address system are courtesy calls only. The onus is on swimmers and coaches to ensure that they are present for any races or marshalling for their races.

### **Event Seeding:**

- All events will be raced as timed finals. Swimmers with no times will be seeded in the slower races.

### **Swimmers with a Disability:**

- Coaches must notify the Meet Manager at the beginning of the meet of any swimmers with a disability. Swimmers with a disability must attempt to swim the proper stroke.

**Event Days and Start Times:**

Saturday June 11 <sup>th</sup>	Sunday June 12 <sup>th</sup>
12:10 pm All Deck Entries and Scratches in to the Clerk of the Course	8:10 am All Deck Entries and Scratches in to the Clerk of the Course
12:15 pm Officials Meeting	8:15 am Officials Meeting
12:15 pm Group A Warmup	8:15 am Group B Warmup
12:30 pm Coaches Meeting	8:30 am Coaches Meeting
12:35 pm Group B Warmup	8:35 am Group A Warmup
1:00 pm O Canada and Competition starts	9:00 am O Canada and Competition starts

NOTE: All clubs will be notified of their group and lane assignments by e-mail on Thursday June 9, 2022. This will be based on the number of swimmers registered.

**Events:**

Saturday June 11 <sup>th</sup>	Sunday June 12 <sup>th</sup>
100 IM (Div 1 - 3 and OCAT 1)	25 Fly (Novice)
200 IM (Div 4 - 8, OCAT 2 and O8)	25 Back (Novice)
50 Free (Div 1 - 8)	50 Fly (Div 5 - 8, OCAT 2 and O8)
50 Fly (Div 1 - 4 and OCAT 1)	50 Back (Div 1 - 3 and OCAT 1)
100 Fly (Div 5 - 8, OCAT 2 and O8)	100 Back (Div 4 - 8, OCAT 2 and O8)
200 Medley Relay	25 Breast (Novice)
	25 Free (Novice)
	50 Breast (Div 1 - 3 and OCAT 1)
	100 Breast (Div 4 - 8, OCAT 2 and O8)
	100 Free (Div 1 - 8)
	200 Mixed Free Relay

**Awards:**

- All Individual Events            1<sup>st</sup> to 8<sup>th</sup> place ribbons
- All Relays                            1<sup>st</sup> to 3<sup>rd</sup> place ribbons
- Novice Events                      Participation ribbons and goodies (note: swimmers must register for Novice events)

**Deck Food & Beverages:**

- **No food may be consumed on deck.**
- **No beverages other than water are permitted on the deck.**

- Please bring a personal use refillable (non-glass) water bottle and refillable (non-glass) coffee mug. The refill station is located to the right of the food service room (located at the far end of the warm-up pool). Bottled water will not be served. We are happy to refill your bottles if you are busy timing or officiating.
- Officials: Will be offered food and beverages in the designated hospitality area located at the far end of the warm-up pool. All food and beverage items – other than water -- must be consumed within the room, as food and beverages are not permitted on the pool deck.
- Timers: Will be offered food and beverages in the designated food service area located at the far end of the warm-up pool. All food and beverage items – other than water -- must be consumed within the room, as food and beverages are not permitted on the pool deck. Timers will be relieved on a regular basis for refreshment breaks.
- Coaches may pick-up a paper bag lunch from the designated food service area. One lunch will be provided each day, consisting of a sandwich, fruit and snack. **Lunches are not permitted on the pool deck. By 12:00 pm June 6, 2022, all clubs are to email [meet@oakbayorcas.ca](mailto:meet@oakbayorcas.ca) to advise of the number of coaches expected and of any particular food allergies.**

#### **Coach Areas:**

- **Due to deck capacity restrictions, only one coach per Club is permitted on the pool deck at any one time. The designated area marked “Coaches” is reserved solely for the use of the remaining coaches from each club.**
- The 1.8 metre zone of exclusion will be used around the pool edge. Coaching from this area is not permitted or tolerated.
- Please email [meet@oakbayorcas.ca](mailto:meet@oakbayorcas.ca) by 12:00 pm June 6, 2022 to let us know how many coaches from your club will be attending the meet.

#### **Club Duties:**

Each club is expected to provide deck officials and timers/recorders throughout the meet and must be ready at the listed start times. Our Vancouver Island Region has implemented 2 hour shifts for Timers. Your club is accountable for all of their shifts, so please ensure the shifts are filled in advance so that the meet runs smoothly and efficiently. If ALL club entries are received on time, our lane assignments will be sent out to all clubs on the Thursday or Friday before the meet. Thank you, volunteers!

### **Disqualifications: Special Rules:**

In keeping with Regional Policy, it is believed that swimmers learn the correct stroke best from their own mistakes. Disqualifications will be administered for rule infractions, in as gentle a manner as possible, for all divisions. **Coaches will administer disqualifications as in previous years' BCSSA VI Region meets, so please prepare your swimmers.**

The following process will be used for disqualifications:

1. Deck official writes up infraction and turns in the DQ form to the Meet Referee.
2. Meet Referee provides the DQ slip to the DQ Official, who informs a Coach from the Swimmer's Club of the infraction.
3. Coach discusses the infraction with the swimmer.

### **Additional Information:**

- **A schedule of Club timing shifts/responsibilities will be posted on the north wall above the bleachers.**
- Bell Laps!! Prizes of Candy.
- The Silent Auction, offering a huge range of wonderful items, will be located behind the "Coach Spectator" area, near the doors exiting to the tent area. The Silent Auction will close each day at the start of the relays. Payment must be received before picking up your items, please.
- 50/50 draw Saturday and Sunday – win money to spend at the Silent Auction!!
- Access to the recreational areas of the complex is prohibited, unless through paid admission.
- Parking is available free of charge in the SCP parking lot.
- No camping or overnight parking in the parking lot.
- Club tents are permitted on the grass field to the west of the pool. All clubs must clean-up their own area at the end of each day. **In accordance with our Permit of Use, no loudspeakers or loud music is permitted outside** of the SCP facility. The Oak Bay Orcas and the SCP cannot guarantee the safety of items in the club tents.
- Parking is prohibited in loading, fire or reserved areas.

- The SCP has yet to confirm the concession hours. Once we are advised, we will post to our website.
- **Please keep your area inside and outside the facility clean, litter pick-up is your Club's responsibility. Additional charges could be levied back to the offending club.**

**Accommodation Suggestions:**

Please consult the BC Accommodation Guide for hotel, RV and camping listings.

<http://www.tourismvictoria.com/hotels/>

Goldstream Provincial Campground

For bookings, consult <https://camping.bcparks.ca> and look for Goldstream Provincial Park in the "Park" dropdown.



All deck entries and scratches **must** be submitted to the Clerk of the Course by **12:10 pm** on **Saturday** and **8:10 am** on **Sunday**.

**Please Note:** These Deadlines are strict and will be enforced.

Please use the sheets below or those provided at the Clerk of Course table.

2022 Oak Bay Orcas Meet <u>DECK ENTRY</u> Forms (June 11 & June 12)				
Coach: _____		Club Name: _____		
Swimmer	BCSSA #	Birthdate	Event # & Div	Time

**2022 Oak Bay Orcas Meet  
SCRATCH Forms (June 11 & June 12)**

**Coach:** \_\_\_\_\_ **Club Name:** \_\_\_\_\_

Swimmer	Event	Event Name