

Campbell River Salmon Kings

Invitational Swim Meet

July 8th – 9th, 2023



Location:	Centennial Outdoor Pool, 230 4 th Ave., Campbell River
Course:	25 metres, 6 lanes, starting blocks, Dolphin Timing System
Meet Managers:	Eva Wichmann (crskpresident@gmail.com) and James Revoy
Meet Entries:	Lisa Walls (crskregistrar@gmail.com)

Wondering what the CRSK Swim Meet is like? Watch this 3 min. video made at our 2022 meet in celebration of our club's 60th anniversary: <https://vimeo.com/750162420>

Disclaimer: *Statements made in this meet package shall not override any BCSSA or Vancouver Island Regional rule or policy.*

Meet Type:

Timed finals. Divisions 1-3 and O-Category 1 swimmers will be marshalled. Divisions 4-8 and O-Category 2 swimmers are responsible for getting themselves to the correct starting block at the right time. All relays will be marshalled. **Announcements are courtesy calls only.*

Events:

SATURDAY	SUNDAY
Novice 25m Freestyle	Novice 25m Back
Novice 25m Fly	Novice 25m Breast
100/200m Individual Medley	50m Fly (Div 5-8, O-Cat 2)
50m Freestyle	50/100m Back
50/100m Fly	50/100m Breast
200m Medley Relay	100m Freestyle
Eliminator Races*	200m Freestyle MIXED Relay*

** See below for information about Eliminator Races and Div 5+ Freestyle Mixed Relays*

Campbell River Salmon Kings reserve the right to cancel or reschedule Saturday Medley Relays or the Eliminator Races to accommodate the evening Air Band competition.

Meet Schedule:

TIME	SATURDAY	SUNDAY
7:45am	Deck entries and scratches due	Deck entries and scratches due
7:45am	Warm-Up: Host Club	Warm-Up: Host Club
8:00am	Warm-Up: Group A	Warm-Up: Group B
8:15am	Warm-Up: Group B	Warm-Up: Group A
8:00am	Officials' Meeting	Officials' Meeting
8:30am	Coaches' Meeting	Coaches' Meeting
9:00am	O Canada and Competition Begins	O Canada and Competition Begins
7:00pm	Air Band Competition in the Park	

Meet Entries:

- **Div 1-3 and O-Cat 1** swimmers may enter **up to 6 individual events**.
- **Div 4-8 and O-Cat 2** swimmers may enter **up to 7 individual events**.
- All swimmers may enter **up to 2 relay events**.
- Heats will be seeded from slowest to fastest.
- Attempts will be made to combine events (S and/or O-Cat) to ensure swimmers do not race alone. Results will be separated based on division/category.
- **Novice 25m** events are for swimmers not yet capable of swimming 25m in less than 30 seconds. Coaches, please use your discretion when entering swimmers in Novice 25m races. You do not need to include novices in your meet entry file; you may send a manual list instead.
- **Entry Times:** Swimmers should be entered with their current BCSSA best times to ensure proper seeding. If a swimmer has never raced an event, they must be entered with No Time (NT).
- **Entry Deadline: 8:00pm on Tuesday, July 4th.**
Email your entries to crskregistrar@gmail.com. Include your entry file, team roster file, and list of Novice 25m swimmers (if not in entry file). Any entries received after the entry deadline will be considered deck entries and charged accordingly.
- **Meet Fees:** \$8 per individual event, \$12 per relay, \$15 per deck entry, no charge for Novice 25m events or Eliminator Races
 - Clubs, please make cheques payable to *Campbell River Salmon Kings Swim Club* and **deliver payment by 12:00pm Sunday to the Clerk of the Course.**

Deck Entries:

- Individual event and Relay deck entries must be submitted to the Clerk of the Course by **7:45am on the day of the event**, using CRSK deck entry forms.
- Deck entries will be accepted at the discretion of the Clerk of the Course or the Meet Manager and are subject to available lane space. Once heats are established, no new heats will be created for late entries. Deck entered swimmers may not be seeded and may be fit into events where there is available space.

Scratches:

Scratches should be submitted by **7:45am** each day to the Clerk of the Course, using the CRSK form. No refunds will be issued for missed or scratched events.

Swimmers with Disabilities:

CRSK would like to ensure that our meet is as inclusive as possible. To help us with this, Coaches should communicate with the Meet Manager / Meet Referee prior to the start of the meet about any swimmer(s) with disabilities who require accommodation(s). Details via email along with meet entries would also be helpful.

Relays:

Relay submissions in the meet entry file are appreciated. All relay entries must also be provided on BCSSA relay entry forms at the meet **by 7:45am each day**. All BCSSA rules will apply, except as specified below.

Saturday Medley relays are regular girls' and boys' relays. Sunday relays are Mixed Freestyle relays. Teams must have a minimum of one male and one female on each team. Div 1-4 and O-Cat 1 Mixed Free relays will be run as regular races, with ribbons awarded. Given the long-standing spirit of the CRSK meet, Div 5-8 and O-Cat 2 Mixed Free relays will **exhibition only**. Safety is paramount, there is a 4-minute maximum race length, and there will be no ribbons awarded.

Eliminator Races:

The Eliminator Race is a fun competition that tests swimmers' speed and endurance. There will be four Eliminator Races held: Junior (Div 1-3, O-Cat 1) Girls, Junior Boys, Senior (Div 4-8, O-Cat 2) Girls, and Senior Boys. The fastest six times in IM races for each of the four groups will qualify for their respective Eliminator Race. For each Eliminator field, the top-seeded swimmer will pick the first stroke out of a hat. This will be the first 50m race. For example, if butterfly is chosen, the first race will be 50m fly. The last swimmer to touch the wall will be eliminated. This process is repeated at approximately 2-minute intervals, with the winner of each race drawing the next stroke from the hat, until there is just one swimmer remaining. The last remaining swimmer is named the Eliminator Champion. The Junior Eliminator Races will be held first (alternating between girls and boys), followed by the Senior Eliminator Races.

Results:

Meet results will be posted at the pool, on MeetMobile, and emailed to participating clubs after the meet. Due to a lack of Wi-Fi at the pool, MeetMobile may be updated only intermittently.

Awards:

Individual Events	Ribbons for 1 st to 6 th
Relays	Ribbons for 1 st to 3 rd
Novice 25m Races	Participation Goodies

As per VI Regional Policy, no positional awards or race times will be provided or posted for 25m events.

Timers:

Each club will be responsible for providing timers each day. A timer sign-up sheet will be posted at the pool each morning. Timing shifts will be 2 hours long. Timers are asked to bring their own water bottle/coffee cup for refilling.

Food Services:

- **Volunteers and Coaches:** Light snacks and refreshments will be provided. Please bring your own water bottle / cup for re-filling.
- **CONCESSION:**
Our CRSK Concession will **open each morning at ~7:00am** starting with coffee, breakfast sandwiches, and pancakes. Lunch options will include our famous pulled pork sandwiches, meat/veggie burgers and hotdogs. Snacks will also be available throughout the meet.
No Saturday dinner will be served this year.

Meet Conduct:

- Please obey the rules of the pool.
- **Spectator space around the pool is limited**, so once your swimmer has raced, please leave the bleachers open for others, and return when your swimmer races again later.
- **No glass** bottles or containers are allowed on the pool deck.
- **NO DOGS are allowed** anywhere in Centennial Park (including the pool), by City of Campbell River Bylaw.
- **Change Rooms** will be open to SWIMMERS and VOLUNTEERS only. Spectators, please use the single-use restroom located on the back side of the main pool building or the portable toilets outside the pool fence.

Air Band Competition:

- Will be held at **7:00pm on Saturday in Centennial Park.**
- This year's theme for song choice is "**Canadian Artists.**"
- It is preferred that each club enters only one performance, however if a club has many swimmers attending the meet, up to two entries will be allowed (one Junior and one Senior).
- All Air Band **songs must be pre-approved** by the Salmon Kings Executive. Email your song selection (song name and file) and club name for approval to crskregistrar@gmail.com **by noon on Saturday, July 1st**. You will be emailed with approval (or denial) by midnight on July 1st.
- This is a family event! Songs must be age-appropriate, not contain explicit lyrics, and must be under 4 minutes long. **NO MASHUPS** are allowed. To ensure variety, song choices will be denied if another club has already chosen that song – no duplicates. First come, first approved – get your song choices in early. Please have a second song choice just in case (you can email it at the same time).
- **Air Band Entry forms and a LABELLED data stick with music on it must be handed to the Clerk of the Course by 11:00am on Saturday.**
- To help us offset the cost of renting equipment, there is a **\$25 fee per entry**. Please deliver payment to the Clerk of the Course.

Team Tents:

Team (day) tents may be erected on the grass around the outside perimeter of the **POOL AREA**. Team tents are not permitted in the camping area, as space is limited.

Camping for Visiting Clubs:

The City of Campbell River continues to graciously support our request for **camping in Centennial Park** again this year.

- **Check-in is available from 6:00pm on Friday.** Please speak with the Camping Manager when you arrive on-site **BEFORE** you set up.
- Vehicles and RVs are permitted on-street parking around the park perimeter but are **NOT** permitted on the grass except as directed by the Camping Manager.
- All tents must be weighed down with rocks/sand/concrete. If pegs/stakes are required, approval must be received from the Camping Manager to ensure they do not impact underground services.
- There are **no water or electrical hook-ups** available.
- There is a single restroom on the outside of the pool building, along with portable toilets. **No showers are available for campers.**
- Recycling and garbage facilities are available. Please remove all waste from your area prior to leaving the site.
- **No dogs** are permitted in Centennial Park by City Bylaw.
- **No fires** are allowed anywhere in or around the Park. The use of propane BBQs/stoves is allowed but must be off the grass (by Order of City Bylaw and the Fire Chief). This will be strictly enforced.
- Please respect our residential neighbours and adhere to the City Noise Bylaws. **Quiet time is 10:00pm – 6:00am.**
- The **fee is \$60 per family for the weekend**, to help us offset the cost of our camping permit, renting toilets, and providing overnight security.

Other Accommodation Options:

- For other accommodation options, including alternative campgrounds, please visit the Destination Campbell River website:
<https://www.campbellriver.travel/accommodations/>

CRSK are grateful to our Gold Sponsor:

